[illegible]

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T[illegible] I[illegible] H[illegible] S[illegible]

[illegible] 70[illegible] 6281.8[illegible] 2

N[illegible] O[illegible] S[illegible] *confined* [illegible] *extended* [illegible] M[illegible] T[illegible]

W[illegible] T[illegible] N[illegible] P[illegible] TJ-0-1.154, [illegible]

T[illegible] T[illegible] T[illegible] W[illegible]

T[illegible] L[illegible]-L[illegible][5]

$$\ldots_{eff} - \alpha\, \mathbf{m} \times (\mathbf{m} \times \mathbf{h}_{\text{eff}})$$

$$\mathbf{h}_{\text{eff}} = [\text{illegible}]^2 \mathbf{m} + (h_0 + m_z)\mathbf{z}, \qquad (1)$$

[illegible] $(\alpha > 0$ [illegible] $)$ [illegible] T[illegible] [illegible] $[\text{illegible}]^2 \mathbf{m}$, [illegible]

$h_0(\mathbf{x},t)z$ ... $m_z z$. C ... H ... $H > M$. T ... $\sqrt{L}$ ... $|\gamma|\mu_0 M (Q-1)$, ... $L / \sqrt{Q-1}$, ... $M (Q-1)$, ... $Q = H / M > 1$. W ... $L / \sqrt{Q-1}$ (D ... R [17]). F C /N ... [19] ... 27 ... 17 ... , $\alpha \approx 0.01$, $Q \approx 1.25$, ... $M \approx 650$ A/ . R ... [12] ... . T ...

W $h_0 = \alpha = 0$, E . (1) ...

$$\mathcal{N} = \int (1 - \quad) d\mathbf{x}, \quad \mathcal{P} = \int (\quad - 1) \quad d\mathbf{x},$$

$$\mathcal{E}_0 = \frac{1}{2} \int |\quad|^2 + \quad^2 (1 + |\quad|^2)\, d\mathbf{x},$$

... . M ... $\mathcal{N}$ ... $\mathcal{P}$ ... $\mathbf{V}$ ... ω.[17] T ... $(\mathcal{N},\mathcal{P})$ ... $(\omega,\mathbf{V})$. D ... [13] ...

$$\omega + |\mathbf{V}|^2/4 < 1, \quad \mathbf{V} \neq 0, \quad 0 < \omega < 1, \quad \mathbf{V} = 0. \tag{2}$$

W ... $\omega < 0$.[17] T ... 1, ... S ... 0 ... [20] H ... . W ... , T [21] ... 5 ... 63 μ . T ...

A ... $(\alpha \ll 1)$ ... $(|\nabla h_0|, |\partial_t h_0| \ll 1)$, ... h_0, ... T ... $(\omega,\mathbf{V})$, ...

[illegible] 300 [illegible] E . (3) [illegible] $m_z = 0.5$. F [illegible] $\alpha = 0.01$, [illegible] 3 μ [illegible] 30 [illegible] 15- A [illegible] 3.3-μ [illegible]. T [illegible] 600 / . [illegible] $\alpha = 0.001$, [illegible] 10 μ [illegible] 70 [illegible] 10- A [illegible] 10.3-μ [illegible].

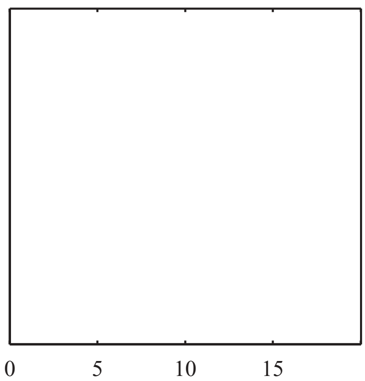
[illegible] $|\nabla h_0|/\alpha \ll 1$

T [illegible] $|\nabla h_0|/\alpha \ll 1$, [illegible]. W [illegible] F . 3, [illegible] (3) [illegible] *acceleration* [illegible] 0 [illegible]. W [illegible]. T [illegible] 1D [illegible].[23] W [illegible] (5). F E . (5) [illegible] $\hat{P} = \hat{m}_{\mathrm{eff}} V + m_{\mathrm{eff}} \hat{V}$, [illegible], E . (3) [illegible] $\hat{P} < 0$ [illegible]. T [illegible] $(\hat{V} > 0)$ [illegible]

$$\hat{m}_{\mathrm{eff}} < \hat{P}/V < 0. \qquad (6)$$

[illegible]

A [illegible] F . 3( ) [illegible] 3( ) [illegible] (6) [illegible] $\omega > 0.3$ [illegible]. W [illegible] $-1 < h_0 < 0$, [illegible] $(V,\omega) = (0,0)$ [illegible] F . 3( ) [illegible] *switching separatrix*. T [illegible] $(V,\omega) = (0,-h_0)$. L [illegible]


0
5
10
15